

Double X Bracelet

Instructions © 2005 Lois Wood

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Example of stitch using 11/0 and 8/0 Czech Seed Beads

Supplies:

- 5 grams size 11 beads
 - 25-30 4mm bicone crystals or size 6 beads or any other similar size bead or stone. We do not recommend pearls, as bead holes need to be large enough for thread to pass through three to four times. Miyuki Triangles or cubes also work well.
 - French bullion
 - Clasp
 - Fireline, Silamide, or D Nymo
 - 2 needles
- 1) Measure out 1 ½ to 2 yards of thread and put a needle on each end. Using left needle, string 4 beads (size 11's), ¼" French bullion, clasp, 4 more beads, and crystal (Figure 1). Bring both needles together and let all beads drop to the center of the thread. Pass the right needle through the crystal from right to left, being careful to not split thread, and creating a loop (Figure 2).

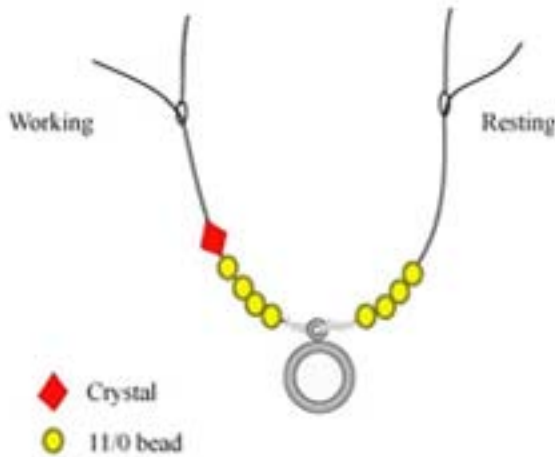


Figure 1

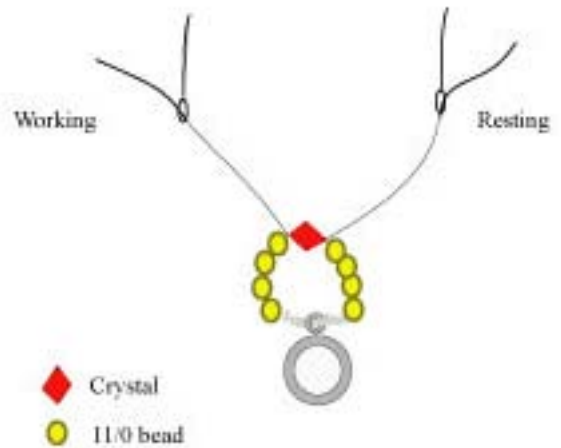


Figure 2

- 2) From here on, we will refer to the needles as “working” or “resting” to avoid right/left confusion. The needle with which you ended step 1 is your working needle; it exits from the left side of the crystal. Add 4 beads, 1 crystal, 4 beads (Figure 3), then pass needle from right to left through the bottom crystal to form the loop (Figure 4). Now add 5 beads and pass right to left through the top crystal of the loop (Figure 5).

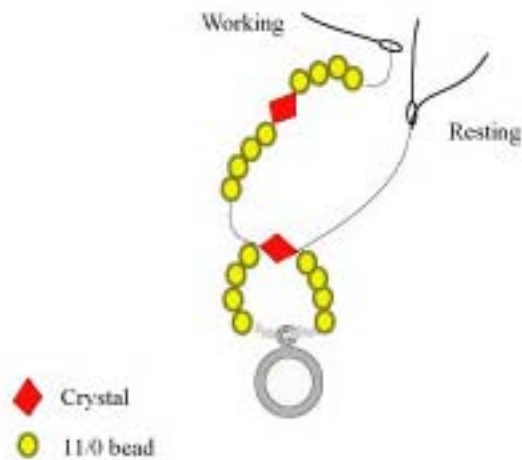


Figure 3

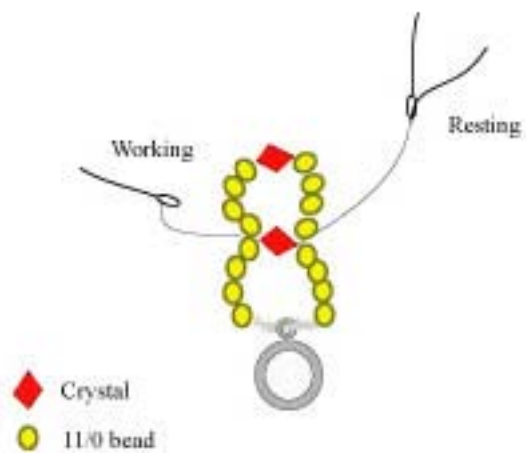


Figure 4

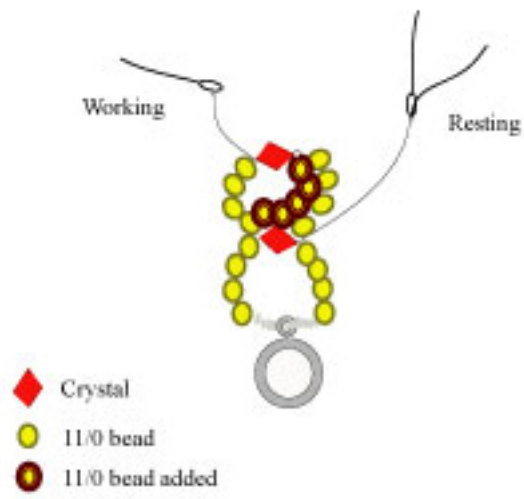
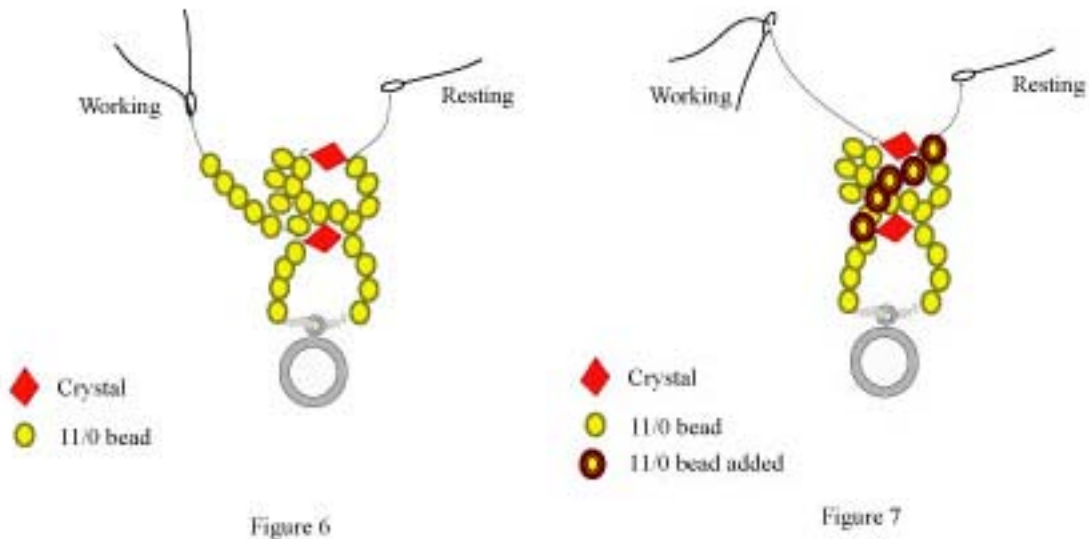


Figure 5

- 3) Working needle now becomes resting needle. Turn your work over so that new working needle is on the left, and new resting needle is on the right (Figure 6). Add 5 beads, pass needle right to left through top crystal of the loop (Figure 7).



- 4) Add 4 beads, 1 crystal, 4 beads (Figure 8), then pass needle from right to left through the top crystal of the previous loop to form a new loop. Now add 5 beads and pass right to left through the top crystal of the new loop.

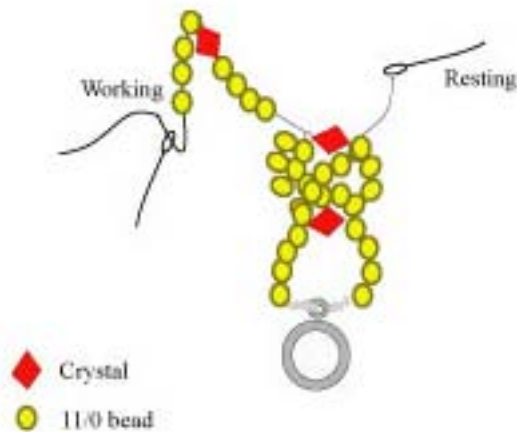


Figure 8

- 5) Repeat steps 3 and 4 to approximately $\frac{1}{2}$ " from desired length (based on $\frac{3}{4}$ " clasp; adjust accordingly if your clasp is longer or shorter). Repeat step 3 again to finish the X on the last loop.

- 6) Add 4 beads, ¼" French Bullion, clasp, 4 more beads and pass right to left through last crystal. Tie off both threads using ½ hitch, then work ends back through beads to meet at next crystal, tie a surgeon's knot. Work in ends and trim.

- 7) To add a safety chain (optional, but recommended if you are using a magnetic clasp), cut 2 ½ - 3" of chain and add a jump ring to each end. Attach each jump ring to one side of the clasp.